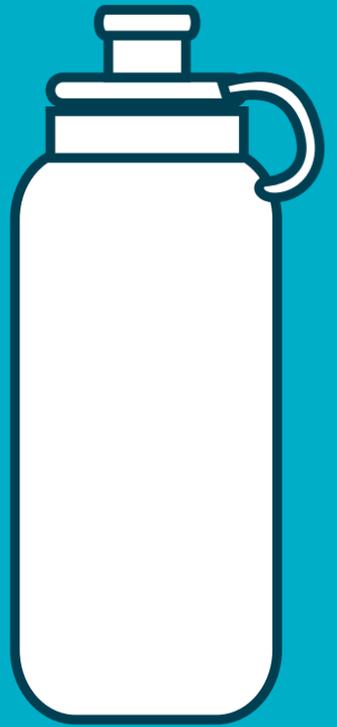


WATER BOTTLE CLEANING TIPS



Reusable water bottles are a great way to stay hydrated on the go. Avoid contamination by thoroughly cleaning and sanitizing your water bottles on a regular basis.

Follow these tips to keep your bottle clean!

HAND-WASH EVERY DAY



Wash with soapy water and scrub the inside of bottle and lid with a clean brush every day.

SANITIZE ONCE A WEEK

Soak water bottle parts in the sanitizing solution for two minutes, then rinse.

Sanitizing Solution:

- 1/2 tsp of 8.25% bleach
- 4 cups of water

AVOID SPREADING GERMS

- Do not share your water bottle with someone else.
- Keep your water bottle somewhere clean and free from dirt and dust.
- Your hands can spread germs to your lid and bottle. Be sure to wash your hands throughout the day.



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