

EXTENSION UPDATE

UNIVERSITY OF IDAHO, U.S. DEPARTMENT OF AGRICULTURE, AND IDAHO COUNTIES COOPERATING

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Teton County Celebrating 100 Year Old Fair



Teton County Fair Board welcomes new members:

Brenda Simril: Brenda, a recently retired nuclear engineer, volunteered at Fair last year and loved it so much she decided to join the board! She grew up attending Pennsylvania's rural county fairs while visiting family.

Jason Wilcox: Jason, a Teton Valley native, owns an excavation company and his wife Sidney is one of the 4H Dog club leaders. Jason volunteers every year at Fair and we are excited to have him on the board again!

We have a lot to celebrate this August during our community's signature agricultural and western heritage event: Teton Valley's 100 year Fair! It seems only appropriate to honor the 1923 original theme: *Bring Your Best*, which still rings true today for all things Fair.

It's hard to believe that 100 years ago our valley fair drew 2700 people and over 500 exhibits were on display. Winners of exhibits wore their ribbons for all their friends to envy. Seeing the exhibits and ribbons encouraged neighbors to continue their hard work and determination to bring their best the following year. Here we are 100 years later, still celebrating the talents and labor of personal creations and livestock selection. We invite everyone to *Bring Your Best* Aug 4-12th.



Visit <https://www.tetoncountyfairgrounds.com/tvfair> for more info and updated schedule of events.

4TH OF JULY PARADE

WATCH FOR THE SHADOW RIDERS 4-H HORSE CLUB





Short Season Gardening Tips

Story by Jen Werlin

Extension Educator in Community Food Systems
University of Idaho Extension, Teton County

Are our long, cold Teton Valley winters giving you trouble? Are you throwing your hands up in the air and feeling discouraged because of a mid-summer snowstorm or frost? With a little planning and season extension, gardening in the Tetons can be quite enjoyable, not to mention a great way to get outside, eat fresh and healthy food, and save money.

Perhaps one of the easiest ways to garden in short seasons is to pick garden vegetable and flower varieties that are classified as either half-hardy or hardy and that grow from seed to maturity quickly. Half-hardy plants are those that are planted 2-4 weeks before the last killing frost. Hardy plants can be planted as soon as the ground can be worked, which is usually 6-8 weeks before the last killing frost. Some of the hardiest veggies that grow well here include Brassica species such as kale, kohlrabi, and swiss chard. Other hardier plants include onions, leeks, garlic, carrots, peas, and beans. Nasturtiums and pansies are edible flowers that are more tolerant to our cold Teton nights.

After picking plants that grow well here and that you enjoy, the following are some short season gardening solutions that will help give you the edge for a reliable garden harvest.

Transplant seedlings: Start your seedlings earlier in the season indoors and then transplant outdoors when soil temperatures have warmed up and



when your garden space is ready for planting.

There are a variety of seed start techniques, including reusing egg cartons and shells, making containers out of newspaper, reusing plastic lettuce containers, etc.

Floating row covers or plastic mulch: Employ floating fabric row covers (e.g., Reemay) for cool evenings and to protect against insect and other garden pests. Floating row covers

are great outdoor gardening solutions that help trap in heat, but still allow sunlight to pass through. They can be left on until about 85 degrees and secured either with landscape staples or rocks/bricks. Plastic mulches (e.g., polyethylene sheet) help to cut down on weeds and warm the soil, leading to more rapid plant growth, although they block rainwater from getting in the soil and can contribute to landfill waste.

Wall-o-Water and plastic

jugs: Lasting several years, plastic "Walls of water" create a microclimate for your container plants using water-filled UV resistant plastic covers that encircle your container plants. The water heats up during the day and helps to retain solar heat at night when temperatures plummet. By keeping a more constant and warm temperature, plants such as tomatoes or peppers grow more quickly and are less susceptible to

frost. Another less expensive option is to recycle plastic bottles and jugs and surround your more sensitive plants with them.

Cold frames, hoop houses/ high tunnels, and green-houses: An obvious tool to help extend the season and allow you to grow more warm season plant varieties such as tomatoes, peppers, basil, etc., cold frames and greenhouses help warm the soil and surrounding environment. They can also provide another barrier to garden pests. While cold frames made of recycled windows tend to be more economical and easier to move, greenhouses and high tunnels allow much more space.

Raised beds: Raised beds and other containers help to heat the soil more rapidly (usually allowing you to plant 2-4 weeks earlier) and provide additional advantages. These include reducing weeds and allowing you to provide the ideal soil pH, texture and structure using a 1:1 mix of compost and topsoil. Especially in compacted and rocky soils, raised beds, although more expensive because of material costs, can help make gardening easier and less

time intensive.

Using these short season gardening techniques will give you the edge when gardening in the Teton, but remember to select appropriate crops and varieties that are better adapted to our area. Make certain that your garden is properly irrigated and weeded. Check the weather forecast regularly. If there is a chance of frost, make sure your plants are well hydrated, cover them, and/or bring container plants inside. Do you have other short season and season extension techniques that you use to help you successfully grow in the Teton? I'd love to hear about them. Feel free to message me on Facebook at the University of Idaho, Teton County Extension and 4-H Facebook page or send me an email at teton@uidaho.edu.



Join the "Teton Valley Beekeepers Association"

Join the "Teton Valley Beekeepers Association" and receive 25% discount on beekeeping classes, opportunities to check-out equipment, network with others, and more. We have spring and fall meetings focused on educational tips and best practices for local beekeepers.

\$15 per Year (Individual)

\$20 per Year (Couple/
Family)

Contact: Jen Werlin at jwel-in@uidaho.edu for more information or 208-354-2961

To join the association, cash or checks made to "Teton County" can be sent to: UI Extension, Teton County, 150 Courthouse Way Suite 208 Driggs, Idaho 83422 or in-person at 445 N. Main Street in Driggs.



Online and In-Person

Fitness Classes

University of Idaho Extension



ONLINE Fitness Made Simple!

Thursdays, 10:00 – 11:00AM MST

Chair-based seated and standing toning/strengthening exercises.

Use of hand weights, resistance bands, and/or exercise balls optional. Modifiable for a variety of fitness abilities.

<https://uidaho.zoom.us/j/83052870632>

Passcode: 659851

Meeting ID: 830 5287 0632

June 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6 -	7 4-H Alpine Camp	8 4-H Alpine Camp	9 4-H Alpine Camp State Shooting Sports	10 State Shooting Sports
11	12 Record Book Help 10-noon 4-H Office	13 Cooking Club Beef Clipping, Show- manship and Feed Clinic 1-4 pm Fair- grounds	14 Fair Board Meeting 7pm Court House	15	16 ABC Fridays	17
18	19 Holiday Office Closed	20	21	22	23 ABC Fridays	24
25	26 Record Book Help 10-noon 4-H Office	27	28	29	30 ABC Fridays	

July 2023

Sun
Mon
Tue
Wed
Thu
Fri
Sat

1

2

3

Record Book Help
10-noon 4-H Office

4

HOLIDAY
Office Closed

5

6

7

ABC Fridays

8

9

10

Record Book Help
10-noon 4-H Office

11

Cooking Club

12

Fair Board Meeting 7pm
Court House

13

Archery Fair Shoot

14

ABC Fridays

15

16

17

Record Book Help
10-noon 4-H Office-

4-H Livestock Mandatory
Meeting 6pm Fairgrounds

18

19

20

Archery Fair Shoot

21

ABC Fridays

22

23

24

25

Shotgun Fair Shoot 6pm

26

27

Fair Paperwork Due 4pm

Record Books Due 4 pm

Archery Fair Shoot

28

ABC Fridays

29

30

31

Modeling Clinic 10-11
4-H Office

1

2

3

4

ABC Fridays

5

Tin Cup giving Period Opens June 15th.

The Tin Cup Challenge, hosted by Community Foundation of Teton Valley, is an important source for funding for Teton County 4-H! Even small donations make a difference because the donation may receive a match! Funds are used to help with scholarships, club supplies, leader training. Our numbers of youth serviced could add up quick with your donation. Donate June 15th through Friday, July 21st by 5pm at: www.cftetonvalley.org and click on the **DONATE** button to Teton County 4-H



Caring for Community Grant Awarded to 4-H



Teton County 4-H received \$1000.00 from Silver Star from their Caring for Community Grant. We are using the funds to move the 4-H green house and 4-H shed to new location on main street.

The green house will allow us to start garden starts and raised produce that 4-H can donate to the Food Bank. 4-H shed will house all the supplies that we can't fit in the office. We will also be servicing the 4-H sewing machines that are used for quilting and sewing clubs. Quilting clubs use the machine to make quilts that they have donated to Subs for Santa. This grant will help us be able to still keep giving to those in need. Thanks

4-H Received Grant from Community Foundation of Teton Valley

Teton County 4-H needs \$5000.00 worth of new livestock panels and through Community Foundation of Teton Valley they are helping to make it happen. Teton County Livestock Sale committee is also donating \$1000.00 with Teton County 4-H covering the last \$2000.00. This was a great collaboration of groups and we are excited to see the livestock program growing in Teton County. You can come and see animals in these new panels at the Teton Valley fair August 4-12, 2023





FOR IMMEDIATE RELEASE
CONTACT FOR INFORMATION:

May 2022

TEACH FREEDOM

Abby Grundler UI Extension, 4-H Coordinator

Physical Address : 445 North Main Street Driggs ID, 83422

208-354-2961 or teton4h@uidaho.edu

The NRA Foundation Awards \$15,800 to University of Idaho Extension Teton County, 4-H Youth Development

Driggs, ID -- The NRA Foundation has awarded UI Extension Teton County, 4-H Youth Development a grant totaling **\$15,800** to fund **a cash award of \$1235.95 to purchase clay targets, bow sights, bullet 22 traps and benches. We requested and received the following items: Skeet thrower, gun cabinet, arrow curtain, range cart, repairing and outfitting Bows, Rifles and shotguns, safety equipment.** "We are very excited about Teton County 4-H Shooting Sports on the Go!," said **Abby Grundler**, "and pleased that the NRA is making an investment in our community."

The 4-H moto "To Make the Best Better" is not limited to only one field of study. 4-H is unique and offers a wide range of clubs for youth with varying interests, Teton County 4-H clubs include, shooting sports, STEM, art home economics, food systems, equestrian, animal husbandry and more. 4-H shooting sports continue to grow in enrollment annually. For youth who do not have family mentors to teach firearm skills, safety and ethics, 4-H provides this opportunity. 4-H shooting programs are unique from other firearm safety courses. The goal is to provide a safe platform for youth to practice skills and learn about the science and art of shooting sports in various shooting sports disciplines. Archery club has 50 kids enrolled, that's 1/3 of all 4-H members in Teton County. Large numbers in Rifle, Shotgun and Hunting clubs also.

"This grant will be put to great use. 4-H shooting sports will outfit the enclosed shooting sports trailer that was awarded to Teton County by the NRA in 2019. Teton County doesn't currently have a shooting range, through the generosity of the NRA, Teton County 4-H can take the range on the road right here in the valley."

About the National Rifle Association

Established in 1871, the National Rifle Association is America's oldest civil rights and sportsmen's group. Five million members strong, NRA continues its mission to uphold Second Amendment rights and is the leader in firearm education and training for law-abiding gun owners, law enforcement and the military. Visit nra.org.

About The NRA Foundation

Established in 1990, The NRA Foundation, Inc. is a 501(c)(3) tax-exempt organization that raises tax-deductible contributions in support of a wide range of firearm-related public interest activities of the National Rifle Association of America and other organizations that defend and foster the Second Amendment rights of all law-abiding Americans. These activities are designed to promote firearm and hunting safety, to enhance marksmanship skills of those participating in the shootings sports, and to educate the general public about firearms in their historic, technological, and artistic context. More information about The NRA Foundation can be found online at www.nrafoundation.org.

About Friends of NRA

Friends of NRA is a grassroots fund-raising program that fosters community involvement to organize and, with help from NRA field staff, plan community events for firearms enthusiasts. All net proceeds from *Friends of NRA* events are allocated to The NRA Foundation, the leading charitable organization in support of the shooting sports. Through NRA Foundation grants for equipment, training materials, range improvements, and more, qualified local, state, and national programs receive aid to involve and inspire a new generation of competitive shooters. Learn more about *Friends of NRA* at www.friendsofnra.org.

4-H Fundraiser



Queen Size Quilt

Quilt drawing August 12, 10am at fairgrounds

You do not have to be present to win.

Money from ticket sales will go to your club.

Each Ticket is \$5.00

or

5 Tickets for \$20.00

Please make checks out to: Teton County 4-H

Thank You So Much For Your Support!!

FSA makes Youth Loans

FSA makes loans to individual young persons to start and operate income-producing projects of modest size in connection with their participation in 4-H Clubs, FFA, a Tribal youth group, or similar agricultural youth organization. The project being financed with an FSA Youth Loan needs to provide an opportunity for the young person to acquire experience and education in agriculture-related skills.

The Youth Loan application requires a recommendation from a project advisor who verifies that he/she will sponsor the loan applicant, has the correct training and experience to supervise your project, and is available to help whenever needed.

If you are between the ages of 10 and 20 years at the time of loan closing, parent(s) and/or legal guardian(s) must consent to the loan application. Young people applying for a Youth Loan are personally responsible for repaying the loan. A co-signer is required only if the project shows possible difficulty in repaying the loan or does not meet security requirements.

For more information or help you can contact your local Extension Office or visit FSA website at:

<http://www.lfsa.usda.gov>



Need Record Book Help?

If your kids need some help getting their record books started or not sure where to list things once they have started, we can help. Come into the office on Monday, June 12, 26 and July 3, 10, 17 from 10am-noon for help. Please make sure the youth bring their login information once you have created an account. Please also send needed information with the youth so we can help them catch up or finish section. Remember that all youth have to have a involvement report also. Call 208-354-2961 if you have question or if Mondays don't work for you. Tips for zsuite can be found at <https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/4-H/zsuite/2020-zsuite-tip-sheet-pdf.pdf>



THANK YOU

We would like to thank all the club members and their leaders for the wonderful silent auction items that were supplied for the 4-H scholarship dinner. Thank you to everyone that made the yummy desserts. (they were awesome!) Thanks to Kenny Chambers for giving us his time and being our auctioneer. A special thank you for all the members, families and the community members that came and supported the 4-H Scholarship Dinner. It was a success!

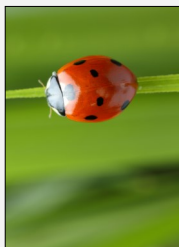
Thank You!

INSECT IDENTIFICATION HELP

If you need some assistance with identification of an insect Brad Stokes has officially launched our "Idaho Insect Identification Website" link here:

<https://www.idaho.edu/extension/insect-id>

It will allow folks to submit photos and information to get assistance with insect ID.



CONTACT US

UNIVERSITY OF IDAHO EXTENSION, TETON COUNTY

Mailing Address:

150 Courthouse Dr. #208. Driggs, ID 83422

Physical Address:

445 N. Main St., Driggs, ID. 83422

Phone: 208-354-2961

Fax: 208-354-3516

Email: Teton@uidaho.edu

Web: www.uidaho.edu/extension/county/teton/4-h

Staff:

Jennifer Werlin, Extension Educator

Tammy Sachse, Extension Assistant

Abby Grundler, 4-H Coordinator

Sara Warhol, 4-H Assistant

