



Life Raft Exercise

If you were given a life raft and told that all of your possessions had to fit in this space (10 person lifeboat = ~1000 lbs), what would you keep? Remember this includes all of your physical possessions that you will need each day. What would you need to survive? List what is important to you.

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Try to limit your possessions to 50, 100 or 150. Can you do it?