



# Lines For Leaders

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March 2023

## 4-H Oral Presentation Tips

Over the years I have noticed that 4-H members have a lot excitement about their projects, but a few things they are worried about and even fear. Public speaking is a huge skill that we work with 4-H youth on. However, public speaking ranks toward the top of many things people are most afraid of. With preparation and practice (lots of practice) we can help youth with this fear and be successful in giving presentations.

The first thing to remember is that there are options, lots of options. First, a youth should decide on a topic that they want to do an oral presentation on. I always recommend something that sparks a youth's curiosity, such as a question they want to know the answer to. Then decide if they want to do an illustrated talk, a demonstration, or a speech. The difference being is whether they present with posters and visual aids (illustrated talk), show how to do something (demonstration), or just use words to explain something (speech). Then they can start an outline with the information they have learned. The classic introduction, body, and conclusion can begin to take shape.

Practice. Practice and more practice. This can seem tedious, but if you know exactly what you are going to do, it will really help nerves.

If a youth is really scared of a group, start by having them give it to a very small number of people such as one caregiver and their leader. Build up to gradually larger and larger groups over time. For some youth this can happen in a year and for others, it make take years to become comfortable. Try to judge what is most comfortable for each youth.

Once a youth feels good about their presentation skills, recommend that they enter a county contest. We host two each year: 4-H Horse Oral Presentation and County 4-H Oral Presentations. These are qualifiers for larger contests and a great challenge!

Remember that each youth develops at their own pace. Try to help them at the level of learning they are at today. Challenge each to do their best and applaud them for all of their efforts. All skill building is a journey, including public speaking.

Resources:

Speak Up with Confidence: <https://www.uidaho.edu/-/media/Uidaho-Responsive/Files/Extension/4-H/documents-and-records/27511-Speak-Up-Confidence.pdf?la=en&hash=EA3D6B29DB85A12ABA1BF056FB8A4D88BFD5DF19>

Diga lo que piensa con Confianza: <https://drive.google.com/file/d/1D94JSDnVWGGACwg2zqLI-mtUI2u3zfJ/view>

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Persons with disabilities have the right to request and receive reasonable accommodations. Please complete this [form](#) to assist in evaluating the reasonable accommodation request at least two weeks prior to the event. Accommodation applications cannot be approved without supporting documentation. Submit this electronic request form by sending the application and documentation to Center for Disability Access and Resources 875 Perimeter Drive Moscow, ID 83844-4257 [cdar@uidaho.edu](mailto:cdar@uidaho.edu) Phone 208-885-6307, Fax 208-885-9404" As you use this statement, please ensure the hyperlink to "form" directs to the following page: [reasonable-accommodation-for-4-h-parent-complete.pdf \(uidaho.edu\)](#)



# 4-H Event Calendar

## March

- 4 Southern District 4-H Horse Bowl Contest - Fruitland Middle School
  - 4 Western Idaho Fair Beef Weigh-in - Treasure Valley Livestock, Caldwell - 9-11am
  - 11 Southern District Beef Field Day - Owyhee County Community Center, Homedale - 1-4pm
  - 20 Babysitting Training Course - Star Parks & Rec. - 10am-3pm - Registration available at <https://staridahorec.com/program/12752>
  - 20-24 4-H Adventure Camp, Spring Break Camp - Eagle Island State Park - Registration available at: <https://4h.zsuite.org/external-event-registration/18390>
  - 21 Market Livestock Sale Committee Meeting - Zoom/In person - 7pm - [Meeting ID: 860 8913 8863](#)
  - 25 Multi County Horse Judging Contest - Canyon County Fairgrounds
  - 27 Canyon County Horse Leaders' Meeting - 7pm - Zoom [Meeting ID: 833 4251 8367](#)
  - 29 Babysitting Training Course - Caldwell Parks & Rec. - 10am-3pm - Registration available at <https://secure.rec1.com/ID/caldwell-id-parks-recreation/catalog>
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## April

- 8 Southern District Shotgun Contest - Snake River Sportsmen, Ontario
  - 11 Southern District Youth Horse Council Meeting - 7pm - [Meeting ID: 857 6865 8430](#)
  - 13 Canyon County 4-H Leaders' Council Meeting - [Meeting ID: 869 1950 9560](#)
  - 15 Southern District Youth Horse Oral Presentation Contest - Boise Church of Christ
  - 29 Southern District Smallbore Rifle Contest - Nampa Outdoor Range
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## Office Closure

The University of Idaho Extension Canyon County office is closed for maintenance;  
**Now - March 13**

Employees are working remotely during these times. You can contact us via email at [canyon@uidaho.edu](mailto:canyon@uidaho.edu).

There will be limited availability for staff to meet you and hand-off items.  
Not all items will be accessible.





## Important Dates to Remember



### March

- 8 Last Day to RSVP for Beef Field Day
- 15 Horse Judging Registration Due
- 24 District Shotgun Registration Due
- 25 Canyon County Fair Market Tag Pick-Up Day
- 31 4-H Adventure Camp Scholarships Due
- 31 Southern District Horse OP Registration Due

### April

- 10 Market Broiler Intent to Participate Due
- 15 Horse Declarations Due
- 17 Swine Declarations Due
- 29 Canyon County Market Tag Pick-Up Day

## Congratulations - 2023 Idaho 4-H Scholarship Award Recipients

### Friends of 4-H Scholarship

Asher P.

### Ruth Shane Memorial Scholarship

Ivy H.

## Congratulations - New Certified Volunteers!

- Jake Browning—Shooting Stars
- Stephanie Malson—Kaveman Kritters
- Tony Schwisow—Shooting Stars



## 2023 Clover Sparks Programming

Clover Sparks will begin providing programming for Cloverbuds (youth ages 5-7, as of January 1, 2023) across Canyon County. Youth will receive fun and interactive educational programming at monthly meetings. Come and learn with us!

Dates and locations provided below. Pick the location that works best for your family.

**Bowmont Community Life Center** –  
7263 2<sup>nd</sup> St., Nampa | 6-7pm

- Tuesday, March 7
- Tuesday, April 4
- Tuesday, May 2

**Chula Vista Community Center** –  
15B Andrew Cir., Wilder | 6-7pm

- Thursday, March 9
- Thursday, April 6
- Thursday, May 4

**University of Idaho Research & Education Center** –  
1904 E Chicago St., Caldwell  
6:30-7:30pm

- Tuesday, March 21
- Tuesday, April 18
- Tuesday, May 16



## 2023 Canyon County Fair Market Tag and Declaration Information

In 2023, all market species and horses will complete declarations through an online process. Please note that the declaration process is separate from your fair entry. Declaration due dates are scheduled by species and listed below. Declarations are not required for breeding animals and small animals.

Prior to tags being available participants will need to be enrolled in the correct market project in Zsuite. **Members will need to reserve tags by midnight the night before at [canyoncountyfair.org](http://canyoncountyfair.org).** Tags should be placed in the animals left ear (when you stand over the animal)

THERE ARE NO IN-PERSON WEIGH-INS FOR ANY SPECIES.

Tags will be available on the following dates:

**Saturday, March 25, 2023**

**Saturday, April 29, 2023**

Market Declarations will be completed online at <https://canyonsale.fairwire.com>.

Due dates are very by species.

<b>Market Broiler</b>	Monday, April 10, 2023 (Intent to Participate)	<b>Horse</b>	Saturday, April 15, 2023
<b>Swine</b>	Monday, April 17, 2023	<b>Sheep/Goat</b>	Monday, May 15, 2023

Fair Entries for all animals are due by June 15, 2023

Youth participating in market animal/horse projects must be enrolled in that project and active in Zsuite prior to the declaration deadlines.

## 2023 Western Idaho Fair Market Animal Weigh-in Dates

**Beef**..... Saturday, **March 4**, 9am-11am, Treasure Valley Livestock Auction, Caldwell  
\$15.00 per head

**Swine**..... Thursday, **May 11**, 5:30-8pm, Western Idaho Fairgrounds  
\$4.00 per head

**Sheep/Goat**..... Thursday, **May 18**, 5:30-8pm, Western Idaho Fairgrounds  
\$4.00 per sheep, \$3.00 per goat

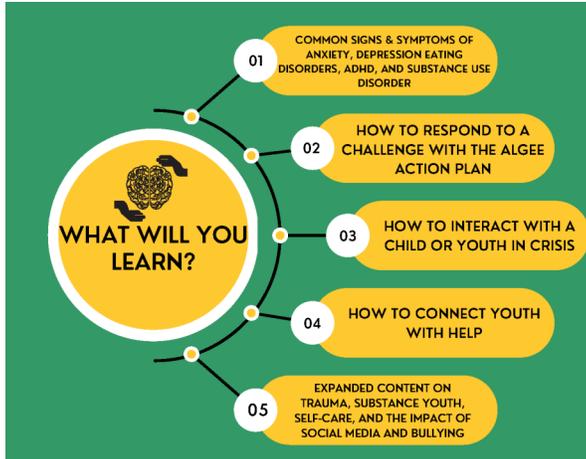
**Market Animal Declaration Form is required for  
Western Idaho Fair market animal exhibitors**

## Canyon County 4-H Interview Evaluations - *Save the Date*

- Wednesday, July 12
- Thursday, July 13
- Friday, July 14
- Saturday, July 15
- Tuesday, July 18

*All projects require an interview evaluation for project completion*

Canyon County 4-H Horse members must complete their interview either **July 12 or July 13** to participate in the Canyon County Horse Fair.



## Mental Health First Aid

Saturday, May 13, 9:30am-3:00pm

If you have, work with or interact with youth, you are invited to the Youth Mental Health First Aid Course offered by Family Consumer Science Educator Tasha Howard. Learn how to interact with a child in a crisis, common signs & symptoms of anxiety, depression, eating disorders and more. Call the Canyon County Extension Office to register for this **FREE** course.

## Babysitting Training Classes

Are you ready to build a babysitting business? Join Canyon County 4-H Youth Development for a fun training all about babysitting. The babysitting curriculum includes fun, hands-on informational activities, nutritional foods/snacks, ages/stages of child development, handling emergency situations, babysitting do's and don'ts, 7 principals of discipline and the business of babysitting. Youth will receive basics of CPR & First Aid but certification is not included. Participants need to bring a bagged lunch. Participants receive electronic copies of materials after the completion of the course.



Two trainings will be available in March, for your convenience. Registration will be completed through the corresponding parks and recreation department.

**Monday, March 20** | 10am-3:30pm | Star Parks & Rec.

Registration link: <https://staridahorec.com/program/12752>

**Wednesday, March 29** | 10am-3:30pm | Caldwell Parks & Rec.

Registration Link: <https://secure.rec1.com/ID/caldwell-id-parks-recreation/catalog>

## Southern District Shooting Sports Contests - Save the Date

**Shotgun** | April 8 | Ontario Oregon Gun Range

**Smallbore Rifle** | April 29 | Nampa Outdoor Range

**Air Rifle** | May 6 | Nampa Indoor Range Air Idaho

Watch for registration as dates approach. All 4-H youth, enrolled in the associated project discipline, are invited to attend. District contest is not required to attend the state contest.



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## U and I Together Schedule

**Tuesdays February 14–April 4**

Have you checked out the fall lineup of U & I Together lessons? There is a variety of fun activities 4-H and beyond. You'll find something for everyone from age 1-101! This series takes place online every Tuesday from 4:00-4:30pm.

- **March 7-** Carrot Cake Oatmeal Bake
- **March 14-** Salad Bowl Gardening
- **March 21-** My Plate Mini Pizza
- **March 28-** Preserve the Abundance: Dehydration
- **April 2-** Cooking Beef with Kids

All activities are FREE. Preregistration is required. Registration can be completed by visiting [bit.ly/ui2023](https://bit.ly/ui2023)

U and I  
TOGETHER

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## Southern District Beef Field Day

**Saturday, March 11**  
**Owyhee County Community Center**

All 4-H & FFA youth and families are invited to the 2023 Beef Field Day. Session topics include; neonatal calf care, calving challenges, stages of parturition, calf diseases, calving equipment and more. 4-H Youth participating in the beef project can bring their Animal Science Lesson Program Checklist or Market/Breeding Livestock Activity Summary Sheet to be signed off on. Cost is \$3 per participant and payable at the door the day of the event.

Participants must RSVP by March 8 at 208-896-4104 or [owyhee@uidaho.edu](mailto:owyhee@uidaho.edu)



## 2023 4-H Adventure Camps

Welcome to 4-H Adventure Camp, we have so much to offer you and your camper! There will always be a place for your kid here at camp. Please, come join us!

4-H Adventure Camp is open to ALL youth who've completed 3rd - 8th grades. From the moment campers get on the bus to the moment they learn what cabin they are in, these kids will have an experience they soon won't forget!

We offer a variety of sessions to give campers the opportunities to experience new things. Workshops include; canoeing, archery, tie-dye, fishing, swing dance, crafts, riflery, cooking, outdoor games, swimming and many more!

Each day is brought to a close by the camp fire. Counselors lead the campers in songs and perform skits. Chaperones also get involved by telling stories, while the kids have their evening snack. The last night of camp is concluded with wish boats that each cabin puts together and sends off onto the lake.

**June Kids Camp** | 3rd - 5th Grades | June 19-22

Registration Link: <https://4h.zsuite.org/external-event-registration/16674>

**July Mixed Camp** | 3rd - 8th Grades | July 6-9

Registration Link: <https://4h.zsuite.org/external-event-registration/16919>

**July Teen Camp** | 6th - 8th Grades | July 17-21

Registration Link: <https://4h.zsuite.org/external-event-registration/16918>

Registration is open for 2023 4-H Adventure Camp. Registration is completed online.

**Registration will close May 19.**

Each camp is **\$295** per youth. Registration must be paid before registration is accepted.

Partial scholarships are available with application. To request a scholarship application please email [idaho4hadventurecamp@uidaho.edu](mailto:idaho4hadventurecamp@uidaho.edu). **Scholarship applications MUST be submitted BEFORE April 1 to be considered.**

For questions or more information contact us at:



[idaho4hadventurecamp@uidaho.edu](mailto:idaho4hadventurecamp@uidaho.edu)



[www.4hadventurecamp.com](http://www.4hadventurecamp.com)



208-287-5900



@4hadventurecamp



Makes this  
your view this  
summer



# Canyon County Horse Bowl Results

## Senior Team

**1st**—Ranchers & Riders

Kayla A., Ruby B., Syeirah B. and Elyse S.

**2nd**—Dusty Riders

Lily V., Cadence S., Bethany A., and Abbey R.

## Senior Individuals

**1st**—Kayla A.

**2nd**—Ruby B.

**3rd**—Elyse S.

**4th**—Syeirah B.

## Junior Team

**1st**—Rancher & Riders

Rex A., Avery F., Abby J. Kaleb R. and Kaylee R.

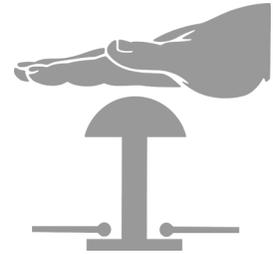
## Junior Individuals

**1st**—Kaylee R.

**2nd**—Abby J.

**3rd**—Rex A.

**4th**—Kaleb R.



Congratulations to the contests on their hard work!

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## Upcoming Horse Clinics

### Canyon County Horse Leaders' Clinics

Canyon County Horse Leaders' is offering horse members additional trainings opportunities.

**Tuesdays (April 4, 11, 18 & 25)**— participants must be checked in prior to **6:30pm**.

Check-in and warmups from **5:30-6:30pm**.

Location: Birt Arena, 2520 E Lewis Ln., Nampa

Cost: **\$10**/participants

Topics include: Showmanship, Horsemanship, Reining, & Trail

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**Horse Camp — Save the Date — June 22-25** at Cascade Lake 4-H Camp



**Mandatory Horse Camp Orientation—Tuesday, May 30; 7pm**

at the Canyon County Extension Office

Scholarships are available from Southern District Youth Horse Council (Due April 1)  
and Canyon County 4-H Council (Due May 1)

**NEW THIS YEAR** - Horse camp registration will be online in Zsuite events.

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**Saturday, May 6 | Birt Arena, Nampa**

Saddle Tramps 4-H Club is inviting you to their annual "Boot Camp" "Cayuse Camp Jamboree".

This is a great opportunity for horse members to complete their required educational activities.

Check your email for registration flyer.



## Canyon County Spring Break Day Camps

Canyon County 4-H will be hosting Spring Break Day Camps. All Camps are \$10 each unless other wise stated. See Day Camps list below. Registration coming soon.

### Monday, March 20, 2023

The Fam I am! (genealogy stories and facts) 12:30-3pm UI R & E Center Ages: 10-14

### Tuesday, March 21, 2023

Ready, Set, Grow (gardening) 1-3pm UI R & E Center Ages: 5-7

### Wednesday, March 22, 2023

Edison Robotics 12-3pm Wilder-Chula Vista Ages: 8-14

### Friday, March 24, 2023

Reach for the Stars (astronomy) 1-3:30pm College of Idaho  
Additional Fee: \$5

### Monday, March 27, 2023

Archaeology 9:30am-2pm Celebration Park Ages: 10-14

Healthy Habits & Robotics 10am-4pm Caldwell Housing Authority Ages: 5-13

### Tuesday, March 28, 2023

Backyard Naturalists 12-3pm Wilder-Chula Vista Ages: 5-7

Healthy Habits & Art 10am-4pm Caldwell Housing Authority Ages: 5-13

### Wednesday, March 29, 2023

Leathercraft 1-4pm UI R & E Center Ages: 8 & up  
Additional Fee: \$5

Robotics (presented in Spanish) 12-4pm Caldwell Housing Authority Ages: 5-13

### Thursday, March 30, 2023

Gardening 12-3pm 903 N. Michigan Ave, Caldwell Ages: 8-12

Eat 2 Explore 10am-4pm Caldwell Housing Authority Ages: 5-13

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## 4-H Adventure Camp Spring Break Camp

March 20-24, 10am-3pm  
Eagle Island State Park

Join 4-H Adventure Camp for a week of fun and learning at Eagle Island State Park! Youth will explore the park while learning different outdoor activities, animals and plants. All youth will need a backpack, water and a lunch. All other materials will be provided. Cost is \$100 per youth. Registration is open to youth 8-13 years old. For more information and to register visit the following link <https://4h.zsuite.org/external-event-registration/18390>. Let's GET OUTSIDE!

**Activities Include:** Canoeing, Fishing, Dutch Oven Cooking, Biking And much more!

University of Idaho Extension  
Canyon County  
501 Main Street  
Caldwell, ID 83605



## RETURN SERVICE REQUESTED



# Canyon County *Lines For Leaders*

March 2023

The Idaho 4-H State Teen Association Convention (STAC) program mission – The Idaho 4-H State Teen Association Convention is an opportunity for youth to experience college life, explore career opportunities and prepare for a lifetime of success with other Idaho teens.

Both 4-H and non 4-H youth are provided the opportunity to participate in a wide variety of activities, including:

- Educational workshops
- Community and campus tours
- Service learning projects
- State Teen Association elections
- On-campus living
- Discovering more about 4-H and 4-H opportunities
- Networking with peers from across the state

**2023 Theme:**  
**GAME ON**  
for STAC  
Idaho 4-H State Teen  
Association Convention

University of Idaho  
Extension

Don't be Sorry!  
Save  
the Date

June  
26-29  
Moscow, ID