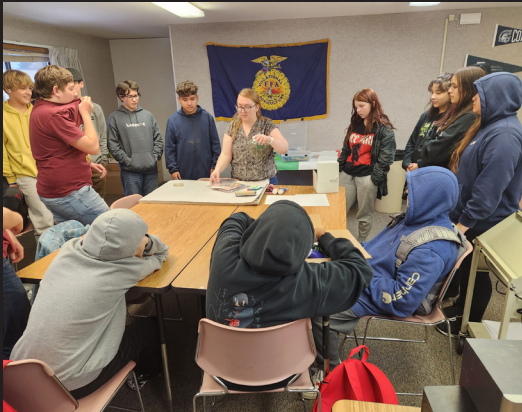


EXTENSION TRENDS: **SCHITSU'UMSH RESERVATION**

University of Idaho Extension, Schitsu'umsh Reservation • www.uidaho.edu/cdareservation



2022 By the Numbers

- **3,743** direct contacts
- **550** youth participants
- **25** volunteers
- **250** volunteer hours
- **\$615,000** extramural funding

Our Advisory Council

Special thanks to our volunteers who help shape programming and inform the work we do for UI Extension, Schitsu'umsh Reservation: Caj Matheson, Abel "A.C." Sanchez, Jennifer Hall, Jenalee Morris and Chris Meyer, Ph.D.

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2022 Impact

The UI Extension, Schitsu'umsh (Coeur d'Alene) Reservation program focuses on positive youth development, Native community development, and food systems and natural resources. Instruction is offered in STEM, art, healthy living and leadership. Partnerships with the CDA Tribe, Juntos and Lakeside Jr/Sr High School have increased academic, social emotional health and family engagement to support the Tribe's wishes to provide a safe place where youth and families can thrive.

A partnership with the Idaho Native Women's Business Alliance has provided the development of workshops/trainings for Native women. The One Sky One Earth Farmers Market has a large impact on the community, bringing local farmers, artisans and community members together to purchase local foods and handmade items. To further support the CDA Tribe's initiative of food sovereignty and economic development, U of I, UI Extension, Schitsu'umsh Reservation, UI Extension, Niimiipuu (Nez Perce) Reservation, and the Niimiipuu Tribe have partnered on Advancing Tribal Food System-Based Economic Development in Northern Idaho.

Schitsu'umsh Reservation 4-H

A partnership with the UI Extension, Niimiipuu Reservation led to an Idaho Health and Welfare award to develop programs for youth, including Basketball STEAM, Culture is Prevention, Outdoor Survival Skills and Lego Robotics. The Basketball STEAM partnership with the Rise Above Foundation focuses on social emotional wellness, anti-bullying and empowerment. Culture is Prevention and Basketball STEAM were combined for the Shi'wshi'wtm he hndesn (Young Women's Camp). This camp was developed in 2019 to encourage girls to explore life's possibilities and prepare for a future where they are empowered and given access to opportunities. Youth participated in activities focused on healthy living through art, social emotional wellness, physical activity and team building to promote sisterhood. Culture is Prevention expanded into literacy and art, teaching youth about horses and the history and significance of horses to Native Americans. Artists that taught workshops observed that youth had increased confidence as projects progressed. Youth shared that completing projects gave them a sense of purpose and helped them be creative. An Outdoor Survival Skills Trailer and 24 youth bikes were purchased to deliver basic first aid, bike trail safety, and bike repair and maintenance during the Coeur d'Alene Tribe's Rockin' The Rez Summer youth camp. Over 75,000 Lego pieces were made into kits for each classroom at Lakeside Elementary and Extension staff co-taught Lego Robotics. The Juntos program began in 2022 at Lakeside Jr/Sr High School, focusing on STEAM, success coaching and mentoring and 4-H. Smi'yemi'lsh (Becoming a Woman Society) activities are conducted monthly and include Native traditional and contemporary art, guided art therapy sessions, mindfulness and yoga, culminating in the Shi'wshi'wtm he hndesn.

On the Horizon

Due to the success of Smi'yemi'lsh Society and the Shi'wshi'wtm he hndesn, a young men society is being developed that will culminate in a summer camp. The reservation and Extension team are new to Juntos and there is enthusiasm to grow this incredible program. The Idaho Teen Focus Group and Pollinator Habitat Ambassador training will be hosted on the reservation at the Coeur d'Alene Casino Resort Hotel. Four 4-H teens will attend the National 4-H Ignite Summit and provide financial literacy for their peers on the reservation. Partnerships with the UI Extension, Niimiipuu Reservation and Rise Above to expand Basketball STEAM will continue.